

Sermon Notes

Spiritual Cardiology: Keys to a Healthy Heart

“Why We Do What We Do”

Psalm 37:4; James 4:1-8

Intro.

Big Idea: God wants us to sense a need for fellowship with him above all other desires.

- I. Our choices are primarily determined by the desires of our hearts.
 1. Our desires are naturally self-centered, not God-centered.
 2. Human conflict is a reflection of our self-centeredness.
 3. Even our prayers can be self-centered.

- II. Receiving Christ by faith puts a desire to please God into our hearts.
 1. That new desire gives us the power to change our behavior.
 2. We will do battle with the desire to follow a secular life.

- III. Growing in Christ-centered desires results from repentance and faith.
 1. Repentance means change.
 2. New desires result from valuing a new love.
 3. Dependence on God (i.e. humility and faith) will bring about God-honoring change.

Applic.