

Sermon Notes

Spiritual Cardiology: Keys to a Healthy Heart

“Jesus, the Great Cardiologist”

Gen. 6:5-8; Eph. 4:17-24

Intro.

Big Idea: We must look to Jesus to heal our defective heart.

- I. All people inherit a defective heart from their parents at birth.
 1. Adam and Eve first brought corruption into the human heart.
 2. Man cannot cure these heart defects; they only get worse. cf. Gen 6:5; Jer. 17:9; Rom. 1:21

- II. Jesus accurately diagnoses the problems of the heart.

Mk. 7:20-23

- III. Only through Jesus can a heart be restored to God’s original design.
 1. A new heart seeks God’s truth. Eph. 4:21
 2. A new heart desires what God wants. 4:22
 3. A new heart enables us to make the righteous choice. 4:23

Concl.